

Tot Shabbat

Sing! DANCE! Play! Pray!



Celebrate Shabbat with
Early Childhood Music Specialist,
Lisa Baydush!



Congregation B'nai Tzedek
10621 S. Glen Road, Potomac, MD

BOKER TOV!

Good Morning!

בִּקְר טוֹב



Hal'li'l'l'l'l'luyah 🎵🎵🎵

Ha-li-le ha-li ha-li-le-lu-yah, (3x)

Ha-li-le ha-li-le-e-e, ha-le-lu-yah!

Shake the hand of someone next to you

Shake their hand and say, "Shabbat Shalom!" (repeat)

Wave to a friend and share a big smile...

Give a hug to someone very special...

Shabbat Shabbat Shalom by Laura Lenes 🎵🎵🎵

Nai nai's...

Shabbat, Shabbat shalom! (3x)

Shabbat Shalom, Chaverim!

Wave to a friend and say Shabbat shalom...

Share a smile with a friend and say Shabbat shalom ...

Give a high five and say Shabbat shalom...

Shabba Shabba by Adam Bellows 🎵🎵🎵

Shabba, Shabba, Shabba, Sha-a-bbat Shalom (3x)

Shabbat Shabbat shalom!

Shabbat shalom, chaverim,

I hope everybody is ready to sing!

Clap your hands and sing along,

Shabbat Shabbat shalom!

Shabbat's So Special to Me by Sally Heckelman

Shabbat Shabbat shalom (3x)
Shabbat shalom!

A day of rest, a day of peace,
A day with friends and families,
Shabbat's so special to me (repeat)



Bim Bom by Nachum Frankel

Bim bom, bim bim bim bom,
Bim bim bim bim bim bom (chiri biri biri) (repeat)

Shabbat Shalom (clap) (2x);
Shabbat, Shabbat Shabbat, Shabbat Shalom! (repeat)

Shabbat, Shabbat, Shabbat Shabbat shalom! (2x)

I'm So Glad That Shabbas is Here by Ellen Allard

Shabbas is here, Shabbas is here!
I'm so glad that Shabbas is here! (repeat)

I'm gonna clap my hands/stomp my feet/wiggle my tushy,
'cause I'm so glad that Shabbas is here! (repeat)

Shabbat Shalom/Mah Yafeh (Taubman/Miron medley)

Sha-a-a-a-bbat sha-a-a-a-lom (4x)

Mah yafeh hayom,
Shabbat shalom (repeat)

מה-יִפֶּה הַיּוֹם,
שַׁבַּת שְׁלוֹם

Shabbat, Shabbat shalom (3x) Shabbat shalom

Shabbat Shalom Niggun by Lisa Silver

Yai lai lai lai lai; yai lai lai lai lai;
Shabbat, Shabbat shalom! (repeat)

Shabbat, Shabbat shalom!
Shabbat shalom! (repeat) Shabbat shalom...

PRAYER PREP



Stop and Take a Breath by Lisa Baydush

We've got to STOP!
And take a breath... and let it out... on Shabbat. (repeat)

Let's Get Ready to Pray by Lisa Baydush

Shake, shake, shake your yadayim! (3x)
Let's get ready to pray!

- Stretch to the shamayim...
- Bend your berkayim...
- Touch your raglayim...
- Shake out your whole guf... Now we're ready to pray!

Prayer is Reaching to God to the tune of Frere Jacques

Prayer is reaching, prayer is reaching,
UP to God, UP to God!
Saying what we're thinking, saying what feeling,
Reaching UP, UP to God! (repeat with OUT and IN to God)

Blessing over the Tallit

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצֵת
Baruch Atah Adonai eloheinu melech ha'olam
asher kid'shanu b'mitvotav v'tzivanu l'hitatef batzitzit.

Blessed are You, our God, who enriches our lives with holiness,
commanding us to wrap ourselves in the tallit.



MODEH ANI!

I am Thankful!

מוֹדֵה אֲנִי

One of the central themes in Judaism is the concept of thanksgiving. Our first words when we arise in the morning should be, "Modeh Ani L'fanecha" - "I thank you, God" for restoring our souls and granting us another day.

Modeh Ani by Emily Aronoff Teck 

Modeh Modeh, Modeh Ani!

מוֹדֵה אֲנִי

I'm as grateful as I can be;

Wake up each morning, first thing I say
is thank you to God for this day!

Thank you for _____ (8x)

Modeh Ani by Lisa Baydush 

I wake up in the morning with a smile on my face;

There's a song in my heart, and a prayer I always say... I say:

Modeh ani, thank You, God, for this brand new day!

Modeh ani, thank you for this brand new day (repeat)

Family Blessing by Emily Aronoff Teck 

You are a blessing (echo) every day (echo)

When I watch you grow (echo), when I see you play (echo)

I'll love you and keep you (echo), I'll hug you and kiss you (echo)

Forever and ever (echo), Amen

May God bless you (echo), may God keep you (echo)

Shine light on you (echo), help you find peace (echo)

May God watch you (echo) and stay with you (echo)

Forever and ever (echo), Amen

BAR'CHU

We praise God!

בְּרַחוּ

The Bar'chu is our 'call to worship' prayer. But what does it mean to be 'called' to worship? All serious activity requires preparation. The prayers and blessings that precede Bar'chu are warm-ups for the individual. Now communal prayer begins. The leader asks, "Are you ready to pray?" And we respond, "Yes, let us pray!"

(Richard Levy)

Are You Ready to Pray? by Ellen Allard 🎵🎶

Are you ready to pray? **Yes, we're ready to pray!** (3x)
Then let's pray! **Okay!**

בְּרַחוּ אֶת־יְיָ הַמְּבָרֵךְ
בְּרוּךְ יְיָ הַמְּבָרֵךְ לְעוֹלָם וָעֶד
Bar'chu et Adonai ha-m'vo-rach
Baruch Adonai ha-m'vo-rach, l'olam va-ed

We praise Adonai our God,
to whom our praise is due, now and forever.



SH'MA

Our God is ONE!

שְׁמַע

There was a little girl who, as she was leaving the synagogue, said to her mother, "Mommy, the rabbi's sermon confused me." "Why?" her mother asked. "Well," said the little girl, "the rabbi said that God is bigger than we are. Is that true?" "Yes," her mother answered. "And the rabbi also said that God lives in us. Is that true?" Again, the mother answered, "Yes." "Well," said the little girl, "If God is bigger than we are and lives in us, wouldn't God show through?"

שְׁמַע יִשְׂרָאֵל: יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מְלַכּוּתוֹ לְעוֹלָם וָעֶד:

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad.
Baruch sheim k'vod mal'chuto l'olam va'ed.

Hear O Israel, Adonai is our God, Adonai is one.
Blessed is God's glorious majesty forever and ever.

God is Everywhere by Ellen Allard 



God is everywhere and God is one, God is one! (2x)
God is everywhere and God is one,
in the moon and the stars and the shining sun;
God is everywhere and God is one, God is one!

God, God, God by Ellen Allard 

Hear God, See God, Smell God, Taste God,
Touch God, Know God, Feel God, One God,
Everywhere God, everyone God, God (clap 3x), God (clap 3x), God (clap 4x).

Up, up up; down, down, down; God is all, all around...
In, in, in; out, out, out; God is all, all about...
You, you, you; me, me, me; in each of us it's plain to see...

V'AHAVTA

Love Adonai Your God!

וְאָהַבְתָּ!



We show our love for God with all our
HEARTS when we love other people!

We show our love for God with all our
SOULS when we are kind and caring!

We show our love for God with all our
MIGHT when we help people in need!

V'ahavta by Ellen Allard; verse by Lisa Baydush 🎵🎶

V'ahavta et Adonai Elohecha!
Love Adonai your God! (repeat)

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ

With all your heart!
With all your soul!
And with all your might! (repeat)

Give a Hug by Bari Koral 🎵🎶

Give a hug, give give a hug! (3x)
Give a hug right now!

Show some love...
Lend a hand...



Building a Better World by Ellen Allard 🎵🎶

We're building a better world (3x) one person at a time.

And the world goes round and round,
the world goes round and round and round (repeat)

We're building a world with smiles... hugs... friends... love...

MI CHAMOCHA

Who is like You, O God?!

מִי־כַמְּכָה

We recall our ancestors' journey from slavery to freedom,
and rejoice as they did, singing with praise and wonder:
Mi chamocha ba'eylim Adonai, Who is like You, O God?!

Mi Chamocha by David Shneyer 

Mi Chamocha, Mi Chamocha! (3x)
Ba'eylim Adonai!

Who is like You, Who is like You, God? (3x)
Great, mighty and awesome!

Marching Across the Sea by Lisa Baydush 

We're marching, we're marching across the sea!
We're marching, we're marching across the sea!
Across the sea, where we are free
We're marching, we're marching across the sea!



Mi Chamocha 

Mi chamocha baeylim Adonai
Mi kamocha nedar bakodesh
Nora t'hilot oseh feleh!

מִי־כַמְּכָה בְּאֵלִים. יי
מִי כַמְּכָה נֹאדָר בְּקֹדֶשׁ
נֹרָא תְהִילַת. עֹשֶׂה פְּלֵא?

Great, Mighty and Awesome by Ellen Allard 

Great, mighty and awesome, YEAH! (3x)
God Supreme! (repeat)

We sing love, we sing praise, we sing joy all our days!

TORAH SERVICE



The Torah fills our **HEARTS** with joy,
our **MINDS** with wisdom, and our **SOULS** with strength.

Thank you, God, for the gift of Torah!

Ki mitzion, t'zei Torah (2x)	כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה.
Ud'var Adonai mi'ru-sha-la-yim	וּדְבַר-יְהוָה מִירוּשָׁלַיִם
Baruch shenatan Torah (Torah) (2x)	בָּרוּךְ שֶׁנָּתַן תּוֹרָה
L'amo Yisrael bik-du-sha-to	לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ
Sh'ma Yisrael Adonai Eloheinu,	שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ
Adonai Echad (echo)	יְיָ אֶחָד:
Echad Eloheinu, Gadol Adoneinu	אֶחָד אֱלֹהֵינוּ. גָּדוֹל אֲדֹנֵינוּ
Kadosh Sh'mo (echo)	קָדוֹשׁ שְׁמוֹ:

Torah Torah

Torah Torah Torah, Torah Torah Torah, Torah tziva lanu Moshe (2x)
Torah Torah, Torah Torah, Torah tziva lanu Moshe (2x)
Torah tziva lanu Moshe (4x)

Tree of Life by Richard Silverman

It is a tree of life to them that hold fast to it
and all its supporters are (clap) happy! (repeat)



Shalom, shalom (clap 4x) (4x)	שְׁלוֹם. שְׁלוֹם
Eitz chayim hi lamachazikim ba	עֵץ חַיִּים הִיא לַמְחַזְקִים בָּהּ
V'tom-chei-ha me'ushar	וְתוֹמְכֶיהָ מְאֻשָּׁר

ALEINU

Prayers for Peace

עֲלֵינוּ

As we come to the end of our service,
we pray for a peaceful world,
and give thanks for all
of our blessings!

Sim Shalom

Sim, sim, sim shalom (3x)

שִׁים שִׁים שִׁים שְׁלוֹם

Tova uv'rachah

טוֹבָה וּבְרָכָה

Yai lai lai lai lai lai lai lai (3x) Yai lai lai, yai lai lai lai!

Sabbath Wishes by Ellen Allard

Shabbat Shalom, Shabbat Shalom

Shabbat, Shabbat Shalom (repeat)

I wish for you a happy day,

I wish for you a peaceful day,

A happy day, a peaceful day

Shabbat, Shabbat Shalom!

Shababababa Shabbat Shalom by Sally Heckelman

Sha-ba-ba-ba-ba, Shabbat Shalom! (3x)

Shabbat, Shabbat Shalom!



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